

CANNON RIVER STEM SCHOOL LUNCH MENU

March 2010

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Sausage Pizza Fruit Cup Veggies and Dip Bread Slice Lowfat White or Choco Milk	2 Chicken Nuggets Oven Ready Fries Roll Fresh Cut Up Fruit Stir-Fry Rice Lowfat White or Choco Milk	3 Hot Dog on a Bun Pickle Relish Pear Slices Baked Bean Bread with Butter Lowfat White or Choco Milk	4 Roasted Turkey Mashed Potatoes & Gravy Roll Sliced Water Melon Corn Bread Lowfat White or Choco Milk	5 Tomato Soup w/Crackers Grilled Cheese Celery Sticks w/Peanut Butter Fruit Lowfat White or Choco Milk	6
7	8 French Toast Sticks Sausage Patties Tri Tators / Toast Peas Pears Lowfat White or Choco Milk	9 Macaroni and Cheese Steamed Peas Garlic Bread Cup Cake Chilled Fruit Lowfat White or Choco Milk	10 Fish Sticks Tater Tots Bread Sticks Mixed Fruit Chocolate Chip Cookie Lowfat White or Choco Milk	11 Chicken Parmesan Spaghetti Bread Slices Broccoli Sliced Apple Lowfat White or Choco Milk	12 Chicken Fajitas Pinto Beans Lettuce/Tomato/Salsa Mixed Fruit Nacho Chips Lowfat White or Choco Milk	13
14	15 Corndog Fresh Vegetables w/Dip Peach Slices Bread Slice Lowfat White or Choco Milk	16 Breaded Chicken Strips Jo Jo Bread with Butter Orange Sections Lowfat White or Choco Milk	17 Hamburger on a Bun Lettuce/Tomato/Pickle Chips Orange Juice Cup Lowfat White or Choco Milk	18 Spaghetti & Meat Sauce Galazed Carrot Bread Sticks Chilled Fruit Mini Pretzels Lowfat White or Choco Milk	19 Cheese Pizza Fruit Salad Veggies and Dip Bread Slice White Rice Lowfat White or Choco Milk	20
21	22 No School	23 No School	24 No School	25 No School	26 No School	27
28	29 Hot Beef Sandwich Chip Carrot Pineapple Lowfat White or Choco Milk	30 Lasagna Scalloped Potatoes Whole Wheat Bread Slice Wild Blend Rice Fresh Fruit Lowfat White or Choco Milk	31 Baked Ham Bananas Lite Buttery Corns Croissant Bread Slice Lowfat White or Choco Milk			