

# CANNON RIVER STEM SCHOOL

## MARCH 2012 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Allergens:</b> <b>W - Wheat    D - Dairy</b> <b>S - Soy        E - Eggs</b>			<b>1</b>	<b>2</b>
			<b>Walking Taco</b> Tortilla Chips, Seasoned Meat Shredded Lettuce & Cheese, Taco Sauce Crisp Salad Bowl & Dressing Fresh Fruit <b>7-8: Pinto Beans</b> <b>D-S</b> Lowfat White or Chocolate Milk	<b>Caribbean Chicken</b> Steamed Brown Rice Mixed Caesar Salad Croutons, Black Beans Dressing Chilled Fruit <b>W-D-S-E</b> Lowfat White or Chocolate Milk
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>Meatball Sub</b> Hot Dog Bun, Pretzels Salad Greens, Croutons Dressing Chilled Fruit <b>7-12: Shredded Cheese</b> <b>W-D-S-E</b> Lowfat White or Chocolate Milk	<b>Egg &amp; Potato Scramble</b> Wheat Tortilla, Taco Sauce Crisp Salad Bowl Croutons, Black Beans Dressing Fresh Fruit <b>W-D-S-E</b> Lowfat White or Chocolate Milk	<b>Buffalo Chicken</b> Wheat Dinner Roll Rainbow Salad Ranch Dressing Fresh Fruit <b>W-D-S</b> Lowfat White or Chocolate Milk	<b>Jamaican Jerk Turkey</b> Real Mashed Potatoes Wheat Dinner Roll Mixed Caesar Salad & Dressing <b>K-6 Only: Margarine &amp; Croutons</b> <b>W-S</b> Lowfat White or Chocolate Milk	<b>Chicken Pot Pie</b> Wheat Dinner Roll Garden Greens Salad Dressing Chilled Fruit <b>7-8: Margarine</b> <b>W-D-S-E</b> Lowfat White or Chocolate Milk
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>Chicken Tenders</b> Ketchup Wheat Dinner Roll Salad Greens, Croutons & Dressing Chilled Fruit <b>7-12: Margarine</b> <b>W-D-S-E</b> Lowfat White or Chocolate Milk	<b>Supreme Nacho's</b> Tortilla Chips, Fresh Cilantro Shredded Lettuce, Taco Sauce Crisp Salad Bowl Dressing Fresh Fruit <b>W-D-S-E</b> Lowfat White or Chocolate Milk	<b>Outrageous Spaghetti &amp; Meat Sauce</b> Wheat Dinner Roll Steamed Green Beans Fresh Fruit <b>W-S</b> Lowfat White or Chocolate Milk	<b>Chicken Mole</b> Wheat Tortilla Garden Greens Salad Pinto Beans & Dressing Fresh Fruit <b>K-6 Only: Croutons</b> <b>W-S</b> Lowfat White or Chocolate Milk	<b>Buffalo Chicken Sandwich</b> Wheat Burger Bun Shredded Lettuce Rainbow Salad & Ranch Dressing Chilled Fruit <b>7-12: Croutons &amp; Animal Crackers</b> <b>W-D-S</b> Lowfat White or Chocolate Milk
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>Grilled Chicken Sandwich</b> Wheat Burger Bun, Lite Mayo Salad Greens, Croutons, Garbanzos & Dressing Chilled Fruit <b>7-8: Pretzels</b> <b>W-S</b> Lowfat White or Chocolate Milk	<b>Juicy Island Burger</b> Wheat Burger Bun Lettuce Leaf & Island Sauce Pretzels Baby Carrots <b>7-8: Dip w/Carrots</b> <b>W-S</b> Lowfat White or Chocolate Milk	<b>Arroz Con Pollo</b> Wheat Tortilla Steamed Green Beans Fresh Fruit <b>S</b> Lowfat White or Chocolate Milk	<b>Roast Turkey Breast &amp; Gravy</b> Wheat Dinner Roll & Margarine Boomditty Sweet Tatoes Garden Greens Salad, Croutons Dressing, Fresh Fruit <b>7-8: Garbanzos</b> <b>W-D-S-E</b> Lowfat White or Chocolate Milk	<b>Kids's Favorite Sloppy Joe</b> Wheat Burger Bun Rainbow Salad Croutons & Ranch Dressing Chilled Fruit <b>W-S</b> Lowfat White or Chocolate Milk