

CANNON RIVER STEM SCHOOL

FEBRUARY 2012 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Allergens: W - Wheat D - Dairy S - Soy E - Eggs		1	2	3
		Buffalo Chicken Wheat Dinner Roll Rainbow Salad Ranch Dressing Fresh Fruit W-D-S Lowfat White or Chocolate Milk	Jamacian Jerk Turkey Real Mashed Potatoes Wheat Dinner Roll Mixed Caesar Salad & Dressing K-6 Only: Margarine & Croutons W-S Lowfat White or Chocolate Milk	Chicken Pot Pie Wheat Dinner Roll Garden Greens Salad Dressing Chilled Fruit 7-8: Margarine W-D-S-E Lowfat White or Chocolate Milk
6	7	8	9	10
Chicken Tenders Ketchup Wheat Dinner Roll Salad Greens, Croutons & Dressing Chilled Fruit 7-12: Margarine W-D-S-E Lowfat White or Chocolate Milk	Beefy Taco & Beans with Buttermilk Biscuit Crisp Salad Bowl Croutons & Dressing Fresh Fruit W-S-E Lowfat White or Chocolate Milk	Outrageous Spaghetti & Meat Sauce Wheat Dinner Roll Steamed Green Beans Fresh Fruit W-S Lowfat White or Chocolate Milk	Chicken Mole Wheat Tortilla Garden Greens Salad Pinto Beans & Dressing Fresh Fruit K-6 Only: Croutons W-S Lowfat White or Chocolate Milk	Buffalo Chicken Sandwich Wheat Burger Bun Shredded Lettuce Rainbow Salad & Ranch Dressing Chilled Fruit W-D-S Lowfat White or Chocolate Milk
13	14	15	16	17
Chicken Krunch Wrap Flour Tortilla Shredded Lettuce, Cheese & Ranch Dip Salad Greens & Dressing Chilled Fruit 7-8: Croutons W-D-S-E Lowfat White or Chocolate Milk	Beefy Taco & Beans w/Biscuit Margarine Crisp Salad Bowl Croutons & Dressing Fresh Fruit W-S-E Lowfat White or Chocolate Milk	Cowboy Turkey Burger Wheat Burger Bun Leaf Lettuce & BBQ Sauce Boonditty Sweet Tatoes Fresh Fruit W-S-E Lowfat White or Chocolate Milk	Chicken & Cheese Enchilada Pie Wheat Dinner Roll, Taco Sauce Garden Greens Salad Dressing Fresh Fruit 7-8: Croutons W-D-S-E Lowfat White or Chocolate Milk	NO SCHOOL
20	21	22	23	24
NO SCHOOL	Juicy Island Burger Wheat Burger Bun Lettuce Leaf & Island Sauce Pretzels Baby Carrots 7-8: Dip w/Carrots W-S Lowfat White or Chocolate Milk	Arroz Con Pollo Wheat Tortilla Steamed Green Beans Fresh Fruit S Lowfat White or Chocolate Milk	Roast Turkey Breast & Gravy Wheat Dinner Roll & Margarine Boonditty Sweet Tatoes Garden Greens Salad, Croutons Garbanzos & Dressing Fresh Fruit W-D-S-E Lowfat White or Chocolate Milk	Kids's Favorite Sloppy Joe Wheat Burger Bun Rainbow Salad Croutons & Ranch Dressing Chilled Fruit W-S Lowfat White or Chocolate Milk
27	28	29		
Grilled Chicken Sandwich Wheat Burger Bun, Lite Mayo Salad Greens, Croutons, Garbanzos & Dressing Chilled Fruit 7-8: Pretzels W-S Lowfat White or Chocolate Milk	Salisbury Steak & Gravy Wheat Dinner Roll Boonditty Sweet Tatoes Crisp Salad Bowl & Dressing Fresh Fruit K-6 Only: Croutons 7-12: Marg. W-S-E Lowfat White or Chocolate Milk	CKC Egg Fried Rice Wheat Dinner Roll Garden Greens Salad Croutons & Dressing Fresh Fruit 7-8: Margarine W-D-S-E Lowfat White or Chocolate Milk		