

**Menu Subject to Change**

### K - 8 OCTOBER LUNCH MENU 2017-2018

Monday	Tuesday	Wednesday	Thursday	Friday
2nd	3rd	4th	5th	6th
<b>Sabino's Pizza Burger</b> Italian Seasoned Beef on Garlic Toast Shredded Mozzarella Cheese Baby Carrots Hummus Craisins	<b>BBQ Beef Meatballs</b> Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes	<b>Creamy Chicken Alfredo Penne Pasta</b> Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread w Butter	<b>Beef Tacos</b> Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce & Sour Cream	<b>Teriyaki Chicken Slider</b> Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple
9th	10th	11th	12th	13th
<b>Chicken Strips</b> BBQ Dipping Sauce Green Beans Carrot Sticks Fresh Apple Ranch Dressing	<b>Cheeseburger</b> Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Banana Ranch & Ketchup	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie	<b>Popcorn Orange Chicken</b> Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing	<b>Walking Tacos</b> Seasoned Beef, Nacho Tortilla Chips Shredded Cheddar Cheese Shredded Romaine Baby Carrots, Fresh Melon
16th	17th	18th	19th	20th
<b>Crispy Chicken on a Bun</b> Celery Smiles Steamed Corn Chilled Pears	<b>Mini Turkey Corn Dogs</b> Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
23rd	24th	25th	26th	27th
<b>French Toast &amp; Syrup Turkey Sausage</b> Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice	<b>Chicken Tacos</b> Whole Grain Tortilla Shredded Cheddar Cheese Taco Sauce Chipotle Style Beans Shredded Romaine Fresh Banana	<b>Meatball Hoagie</b> Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles	<b>Turkey Cheeseburger</b> Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup	<b>PIZZA</b> Kale & Romaine Salad w Italian Dressing Baby Carrots Craisins
30th	31st			
<b>Beef Hot Dog on a Bun</b> Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit	<b>Chicken &amp; Gravy Creamy Mashed Potato</b> Bread & Butter Zucchini Coins Fresh Banana Giant Graham Cracker Ranch Dressing			Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit <a href="http://dining.lancerhospitality.com">dining.lancerhospitality.com</a> for more information.

**MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.**