

Menu Subject to Change

CRSS NOVEMBER LUNCH MENU 2017-2018

Monday	Tuesday	Wednesday	Thursday	Friday
		1st	2nd	3rd
Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.		BBQ Chicken Slider Mac & Cheese Fresh Broccoli & Carrots Ranch Dressing Fresh Apple	Cheese Stuffed Breadsticks Marinara Dipping Sauce Spinach Salad Italian Dressing Celery Smiles Fresh Grapes	Cheeseburger Meatloaf Ciabatta WG Ciabatta roll Fresh Broccoli w ranch Steamed Carrots Fresh Melon
6th	7th	8th	9th	10th
Sabino's Pizza Burger Italian Seasoned Beef on Garlic Toast Baby Carrots Hummus Fresh Orange	BBQ Beef Meatballs Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes	Creamy Chicken Alfredo Penne Pasta Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread	Beef Tacos Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce	Teriyaki Chicken Slider Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple
13th	14th	15th	16th	17th
Chicken Strips BBQ Dipping Sauce Green Beans Carrot Sticks Fresh Apple Ranch Dressing	Cheeseburger Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Banana Ranch & Ketchup	Chicken Drumstick Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie	Popcorn Orange Chicken Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing	PIZZA Baby Carrots Romaine Salad Ranch Dressing Fresh Melon
20th	21st	22nd	23rd	24th
Crispy Chicken on a Bun Celery Smiles Steamed Corn Chilled Pears	Mini Turkey Corn Dogs Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup	No School	No School	No School
27th	28th	29th	30th	
French Toast & Syrup Turkey Sausage Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice	Chicken Tacos Whole Grain Tortilla Shredded Cheddar Cheese Taco Sauce Chipotle Style Beans Shredded Romaine Fresh Banana	Turkey Club Sub Fresh Apple Tater Tots & Ketchup Celery Smiles	Turkey Cheeseburger Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup	

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.