

Menu Subject to Change

K - 8 DECEMBER LUNCH MENU 2017-2018

Monday	Tuesday	Wednesday	Thursday	Friday
1st				
Garlic Cheese Pizza Bread Marinara Sauce Kale & Romaine Salad & Italian Dressing Fresh Orange				
<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>				
4th	5th	6th	7th	8th
<p>Beef Hot Dog on a Bun Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit</p>	<p>Chicken & Gravy Creamy Mashed Potato Bread & Butter Zucchini Coins Fresh Banana Giant Graham Cracker Ranch Dressing</p>	<p>BBQ Chicken Slider Mac & Cheese Fresh Broccoli & Carrots Ranch Dressing Fresh Apple</p>	<p>Cheese Stuffed Breadsticks Marinara Dipping Sauce Spinach Salad Italian Dressing Celery Smiles Fresh Grapes</p>	<p>Cheeseburger Meatloaf Ciabatta WG Ciabatta roll Fresh Broccoli w ranch Steamed Carrots Fresh Melon</p>
11th	12th	13th	14th	15th
<p>Sabino's Pizza Burger Italian Seasoned Beef on Garlic Toast Baby Carrots Hummus Fresh Orange</p>	<p>BBQ Beef Meatballs Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes</p>	<p>Creamy Chicken Alfredo Penne Pasta Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread</p>	<p>Beef Tacos Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce</p>	<p>Teriyaki Chicken Slider Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple</p>
18th	19th	20th	21st	22nd
<p>Chicken Strips BBQ Dipping Sauce Green Beans Carrot Sticks Fresh Apple Ranch Dressing</p>	<p>Cheeseburger Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Banana Ranch & Ketchup</p>	<p>Chicken Drumstick Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie</p>	<p>Southwest Chicken Wrap Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing</p>	<p>PIZZA Baby Carrots Romaine Salad Ranch Dressing Fresh Melon</p>
25th	26th	27th	28th	29th
<p>Winter Break No School</p>	<p>Winter Break No School</p>	<p>Winter Break No School</p>	<p>Winter Break No School</p>	<p>Winter Break No School</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.