

October

CRSS Breakfast

2018

Fat Free Skim or 1% Milk served at every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Muffin Apple String Cheese	2 Pop Tart Pears Craisins	3 Apple Bites Juice Tropical Fruit	4 Cocoa Puffs Apple yogurt	5 Banana Bread Juice Raisins	6
7	8 Cinnamon Toast Crunch Apple Yogurt	9 Nutrigrain Bar Banana Strawberry Applesauce	10 Oatmeal Bar Pears Craisins	11 Muffin Banana Applesauce	12 Lemon Blueberry Bites Apple String Cheese	13
14	15 Cinnamon Roll Tropical Fruit Raisins	16 Strawberry Yogurt Chex Applesauce Juice	17 No School	18 No School	19 No School	20
21	22 Nutrigrain Bar Apple Yogurt	23 Muffin Banana Juice	24 Cinnamon Toast Crunch Raisins Tropical Fruit	25 Apple Bites Banana Pears	26 Banana Bread Apple String Cheese	27
28	29 French Streusel Stick Juice Craisins	30 Pot Tart Apple Yogurt	31 Lemon Blueberry Bites Pears Raisins			