

November

CRSS Breakfast

2018

Fat Free Skim or 1% Milk served at every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Strawberry Yogurt Chex Apple String Cheese	2 Cinnamon Roll Tropical Fruit Juice	3
4	5 No School	6 Pop Tart Pears Craisins	7 Apple Bites Juice Tropical Fruit	8 Cocoa Puffs Apple Yogurt	9 Banana Bread Juice Raisins	10
11	12 Cinnamon Toast Crunch Apple Yogurt	13 Nutrigrain Bar Banana Strawberry Applesauce	14 Oatmeal Bar Pears Craisins	15 Muffin Banana Applesauce	16 Lemon Blueberry Bites Apple String Cheese	17
18	19 Cinnamon Roll Tropical Fruit Raisins	20 Strawberry Yogurt Chex Applesauce Juice	21 No School	22 No School	23 No School	24
25	26 Nutrigrain Bar Apple Yogurt	27 Muffin Banana Juice	28 Cinnamon Toast Crunch Raisins Tropical Fruit	29 Apple Bites Banana Pears	30 Banana Bread Apple String Cheese	